

Understanding How The Healing Codes Work

by Diane Eble, Certified Healing Codes Coach-Practitioner and editor of [The Healing Code](#)

Some people feel uncomfortable using something like [The Healing Codes](#) because they don't understand how this unique healing mode works. How on earth can pointing your fingers to specific points on the body have anything to do with healing issues of the heart, and even causing physical issues to heal?

Some Christians also wonder if this is OK to use. Could it open one up to wrong spiritual influences?

I myself wrestled with these questions. I like to understand how things work, and I respect science. Also, because I am a follower of Jesus and take the Bible seriously, I wanted to make sure this new healing modality, that [apparently healed a hole in my heart](#) (PFO), was something I as a Christian could do.

I knew it worked, but before I went public in support of it, I needed to know it was OK spiritually.

Searching the Scriptures and Prayer

I spent nearly two years in prayer and searching the Scriptures (I read through the Bible every two years) about whether this was OK.

To my surprise, I did not find one thing in Scripture that provided any red flags about this practice, except for this: if you use it as sort of a magic wand, instead of depending on God for your ultimate healing, it could be wrong to do. But that is not unique to The Healing Codes. We can depend on anything besides God for our health and well-being.

The main Scripture that helped me was the parable of the sower and the seed, which I actually think of as the parable of the soils, found in Mark 4: 1-8. (Verse 13 says understanding this parable is the key to understanding all the parables. It also proved to be the key to my understanding of The Healing Codes.)

And again, He began to teach by the sea. And a great multitude was gathered to Him so that He got into a boat and sat in it on the sea,

and the whole multitude was on the land facing the sea. Then He taught them many things by parables and said to them in His teaching: "Listen! Behold, a sower went out to sow. And it happened, as he sowed, that some seed fell by the wayside, and the birds of the air came and devoured it.

"Some fell on stony ground, where it did not have much earth, and immediately it sprang up because it had no depth of soil. But when the sun was up, it was scorched, and because it had no root, it withered away. And some seed fell among thorns, and the thorns grew up and choked it, and it yielded no crop. But other seed fell on good ground and yielded a crop that sprang up, increased, and produced: some thirtyfold, some sixty, and some a hundred." And He said to them, "He who has ears to hear, let him hear!"

But when He was alone, those around Him with the twelve asked Him about the parable. And He said to them, "To you, it has been given to know the mystery of the kingdom of God; but to those who are outside, all things come in parables, so that

'Seeing they may see and not perceive and hearing they may hear and not understand;

Lest they should turn, and their sins be forgiven them.'"

And He said to them, "The sower sows the word. And these are the ones by the wayside where the word is sown. When they hear, Satan comes immediately and takes away the word that was sown in their hearts. These likewise are the ones sown on stony ground who, when they hear the word, immediately receive it with gladness, and they have no root in themselves and so endure only for a time.

"Afterward, when tribulation or persecution arises for the word's sake, they immediately stumble. Now, these are the ones sown among thorns; they are the ones who hear the word, and the cares of this world, the deceitfulness of riches, and the desires for other things entering in choke the word, and it becomes unfruitful. But these are the ones sown on good ground, those who hear the

word, accept it, and bear fruit: some thirtyfold, some sixty, and some a hundred.” (Mark 4:1–8, NKJV)

To me, this parable is more about the soils than the seed. The sower, it seems, is always sowing seed. God is always displaying his character—his creativity, truth, love. It’s the quality of the *soil* that determines whether the seed will take root and produce a harvest.

Some seed fell on soil that had no depth so could not even take root. Some seed fell among thorns, and the plants got choked out. Other seed fell on good soil, was able to take root and flourish.

As I prayed about how to think of The Healing Codes, I felt like my answer was this: **It’s like a gardening tool, to remove the rocks and weeds, so that the good seed of God’s truth can land in good soil, take root, and produce a harvest.**

And I think it makes a difference whose hand is wielding the tool. In the hands of God, it can work miracles. In your own hands, it will be effective, as I will explain below, because in itself it’s neutral. Perhaps in the hands of someone who is, for instance, connecting with some other spirit than God’s Spirit, it can probably be destructive.

The way I teach, and use, The Healing Codes, it’s all based on prayer and trust that God is the one behind this tool. I often think of The Healing Codes as a combination of prayer (the initial Prayer of Intention), **meditation** (as you use for instance, Truth Focus Statements), and **therapy**—with the Holy Spirit being the divine therapist, showing you what heart issues need to be healed, and then using his power to heal them.

Once when I was facilitating [Immanuel Prayer](#) with someone (in which the person connects with Jesus and receives what he has for them), Jesus broke into my thoughts with this: **“I love tools, you know.”**

What?

He went on excitedly, “I love tools. Why do you think I chose to come as a carpenter? With tools I can make things, and with tools I can fix things.” He paused, then said, **“And I am still using tools to create and to fix.”**

Well, I never would have had that thought on my own!

People have asked me why The Healing Codes weren't revealed until recently. My thought is that we couldn't have received such a tool before technology became what it is now.

How The Healing Codes Work

Let's look now at how The Healing Codes are thought to work.

The Healing Codes discovered by Dr. Alex Loyd in 2001 is a healing technology that incorporates "energy medicine" which, as the book points out, has been predicted by the best scientific minds for decades. Almost a century, in fact.

A useful analogy for how The Healing Codes work is noise-canceling headphones.

Noise-canceling headphones take in the frequency of the noise around you, and provide an opposite and equal signal to cancel out the noise.

Every negative image (as in a memory), thought, feeling, all are a frequency, stored in the cells of our bodies. (Einstein proved 100 years ago that everything is energy—frequency--and all our electronic devices are based on this.)

The Healing Codes provide an opposite and equal frequency to the negative frequency of what you identify needs to be healed (the "noise"), and thus neutralizes or even can change to positive the frequency of that memory, thought, feeling. Thus the stress in the body caused by the negative frequencies of those cellular memories is gone. This allows the body to heal itself, with the wonderful healing powers God put into the body.

This means that The Healing Codes are as neutral as noise-canceling headphones, spiritually. It's just a way of harnessing the laws of quantum physics God has set in motion.

It is a healing technology as superior to our current technologies of drugs and surgery as a garage door opener is superior to having to open your garage door by hand.

In fact, it works on pretty much the same science: quantum physics. The same science that gives us MRIs and cell phones. (Just think of how all this would have seemed to someone living in 1692! If you could time travel int time back to then and you pulled out a cell phone and started talking on it, what do you think would have happened to you in Salem, Massachusetts?)

Do you understand how your garage door opener works? Or, if you have the kind of opener where you punch in a certain code, how that allows the door to open? **I think of The Healing Code as like that: you “punch in the Code” (i.e. point to the Healing Centers Alex Loyd discovered), it delivers the right signal (see below), and the negative frequency of your issue is neutralized.**

I have no clue how pushing a button on a little device can cause my heavy garage door to open up. But the electronic door opener is very convenient, easy, fast and effective, so I use it. I could still open the door by hand, then pull out of the garage in my car, get out of the car to close the garage door, get back into my car and go on my way. I can always choose to do it that way.

There is no moral issue with either choice. I am free to choose either the easier way, which relies on something I don't totally understand, or the "old-fashioned" mechanical way, which I understand a bit more. Either way, I get the same result: the garage door opens and closes. (Though with ours, there are actually issues with the manual way; it sometimes doesn't engage correctly, for some reason. It all works much better electronically. Analogous perhaps to the way some people are super-sensitive to medications that don't work the way they're "supposed to"?)

So the choice is yours. If you have a physical issue, you can certainly stick with the Western medicine approach of drugs, surgery, or some combination thereof. I certainly would not advise AGAINST doing those things. If you have an emotional issue, you can still go to a counselor or therapist and work on coping strategies.

I believe, however, along with many others who have tried [The Healing Codes](#), that this is a healing technology that gets at the source of an issue, rather than just treating the symptoms. It costs nothing (you can [sign up for my free “Getting Started with The Healing](#)

[Code" email mini-course and watch my demonstration video](#)). If you want to understand it more in depth, you can spend a few more bucks for [the book that teaches you the how, what and why of it all](#).

You can learn it quickly and use it forever for yourself or your loved ones.

And the beauty is, you can try it and prove to yourself whether it works. It's a self-validating tool. You can test it out, and unlike other things you can try, there are no known side effects. The worst that could happen is you've wasted a bit of money and time, and nothing changes for you. (Though in my experience and the many testimonies Dr. Loyd received, healing can happen and you don't feel it. Other people may notice a difference, or the doctor comes back with test results that prove healing has taken place.)

It's your choice. Garage door device or manually open and close. Remote control for the television or get up and push the buttons on the TV itself. Email or snail mail. Print photos on paper and mail them or send them via cell phone or computer. **The source or the symptoms. Energy or chemicals.**

Einstein or Newton.....

Just remember to put it in the hands of the Master Gardener for best results.

If you'd like even more on the spiritual underpinnings and aspects of The Healing Codes, go to <https://healingcodescoaching.com/spiritual-healing-codes.html>.

To learn more about The Healing Codes and how to get the most out of them, visit <https://healingcodescoaching.com>.